

“THINK FUTURE, VOLUNTEER TOGETHER”

**International exchanges,
methodology and
expectations**

Why international exchanges?

- sharing experiences about volunteering above 55 on an international level
- gaining knowledge about elderly volunteering and active ageing in the partner countries
- best practice projects

Why international exchanges?

- successes and obstacles in elderly volunteering projects
- multiplying experiences back home as promoters of elderly volunteering

Foreseen schedule of the international exchanges

1. Partner organisations
2. Recruitment of volunteers
3. Briefing
4. Exchanges
5. Promotion of volunteering

Partner organisations

- functioning as hosting organisations for the study visits
- functioning as volunteer recruiting and sending organisations regionally
- good partnership and communication needed

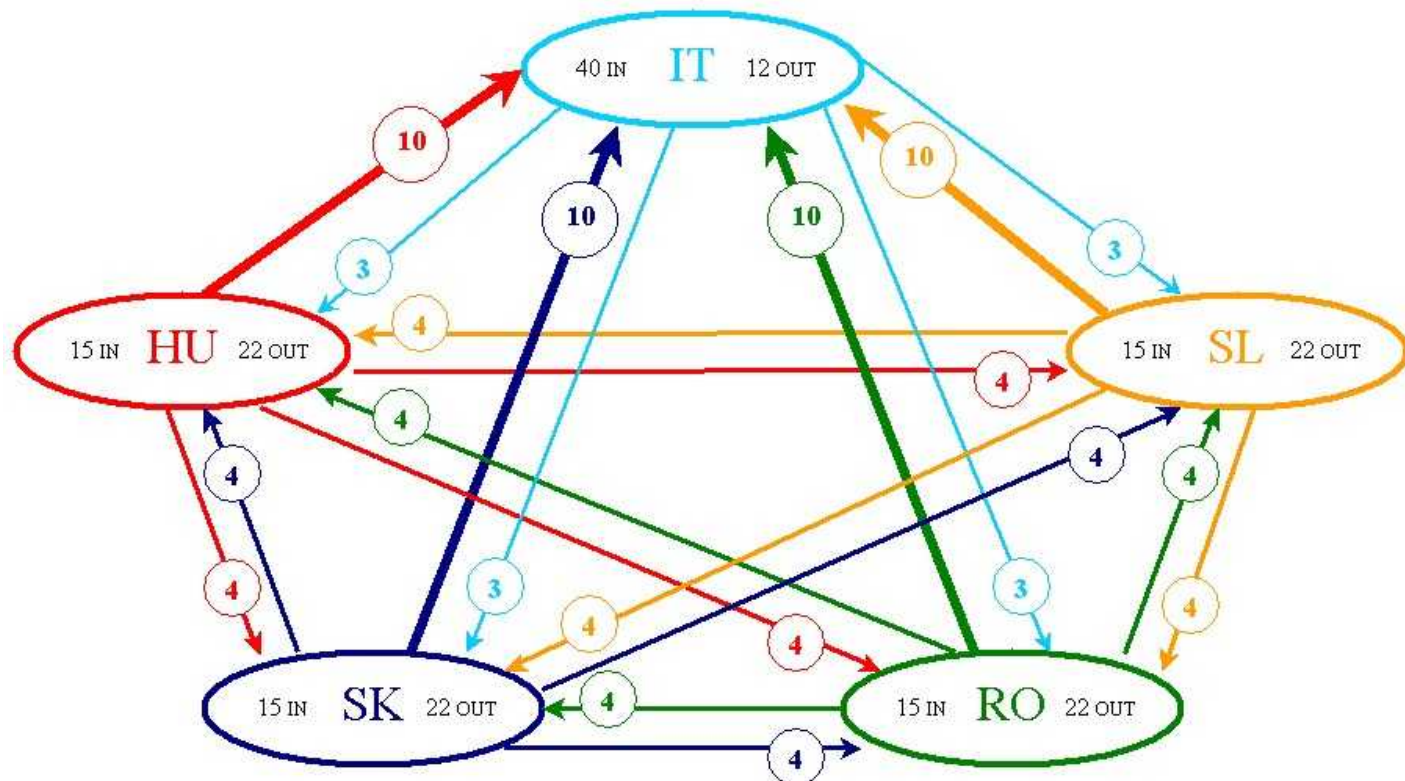
Recruitment of volunteers

- focusing on their motivation for the future disseminations
- possible future volunteer coordinators
- In cooperation with the inland partner organisations

Briefing

- general training on volunteer management and on international volunteering
- basic language course
- cultural preparation
- intercultural communication
- group building
- held in the sending countries before each sending activity

Exchanges



Exchanges

- visiting different volunteering projects in the region
- diverse themes in volunteering: active ageing projects, environmental projects, social projects, etc.
- social engagement in the local community

Exchanges

- first hand experience by practicing volunteering in the hosting country
- linguistic facilitator for each group
- documentation of experiences (photos, diary)

Promotion of volunteering

- elderly volunteers as promoters of elderly volunteering and volunteering in general
- sharing experiences with each other and with the participating organisations
- giving presentations on experiences
- volunteering in existing projects, starting new projects or coordinating volunteering for elderly locally

General expectations

- elderly getting more familiar with volunteering
- elderly are mobilized to be active European citizens
- volunteers ready and full of ideas for doing small implementations back home

General expectations

- participants stay in contact and share experiences
- participants will be multipliers/promoters of volunteering

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Thank you for your attention!

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